

# Scheduled Menus Planned for Week of 01/03/2010 thru 01/09/2010

Child, Christine 117740

January 03, 2010 Sun	January 04, 2010 Mon	January 05, 2010 Tue	January 06, 2010 Wed	January 07, 2010 Thu	January 08, 2010 Fri	January 09, 2010 Sat
<b>Breakfast</b>						
	Hot Cereal (042) Oranges (028)	Pancakes / Waffle (084) Apples (001)	English Muffin (014) Pineapple (035)	Poptarts (081) Apples (001)	English Muffin (014) Grapes (021)	
	Whole Milk (7)	Whole Milk (7)	Milk - 2% (8)	Milk - 2% (8)	Milk - 2% (8)	
<b>AM Snack</b>						
	Fruit Cocktail (016)	Muffins (130)	Cheddar Cheese (104) Saltine Crackers (068)	Yogurt (124) Bananas (005)	Bread Sticks (005) Fruit Cocktail (016)	
	Milk - 2% (8)	Whole Milk (7)				
<b>Lunch</b>						
	Beef Ground (003) Flour Tortillas (123) Green Beans (178) Peaches (032) Lowfat Milk - 1% (5)	Turkey Breast (068) Noodles (088) Green Beans (178) Oranges (028) Milk - 2% (8)	Chicken Nuggets (034) Wheat Bread (037) French Fries (174) Peas (204) Milk - 2% (8)	Chicken Breasts (026) Noodles (088) Peas (204) Blueberries (008) Milk - 2% (8)	Mozzarella Cheese (111) Pizza Crust (075) Tomato Sauce (244) Tossed Salad (228) Milk - 2% (8)	
<b>PM Snack</b>						
	Vanilla Wafers (057) Tangerines (046)	Graham Crackers (064) Strawberries (045)	Yogurt (124) Graham Crackers (064)	String Cheese (114) Pineapple (035)	Bananas (005)	Milk - 2% (8)
<b>Dinner</b>						
<b>Evening Snack</b>						